

# Introduction to Trauma Sensitive Schools

Workshop provided by:



## How does trauma affect student learning?

Current research shows that a high percentage of students are exposed to trauma and toxic stress. Trauma can undermine a student's ability to learn, form relationships and function appropriately in the classroom.

Students impacted by trauma:

- Are 2.5 times more likely to fail a grade
- Score lower on standardized achievement tests
- Have more receptive or expressive language difficulties
- Are suspended or expelled more often
- Are designated to special education more frequently

## What is a trauma sensitive school?

A trauma-sensitive school is a safe and respectful environment that enables students to build caring relationships with adults and peers, self-regulate their emotions and behaviors, and succeed academically, while supporting their physical health and well-being.

Students at trauma-sensitive schools have the benefits of greater academic achievement, more time spent on learning, reduced disciplinary referrals, improved relationships with peers and adults, and supportive teaching in the classroom.

### In this workshop, participants will:

- Briefly overview the Adverse Childhood Experiences Study
- Learn the impacts of trauma on the brain and the implications that has in the classroom
- Discuss trauma-sensitive practices and procedures
- Explore "next steps" for your school to effectively respond to students exposed to trauma

### Workshop Details

Time Frame: 3 hr. presentation

Target Audience: 10 to 500 participants including school and district teachers, paraprofessionals, student support, administrators, school board members, parents, community partners & interested organizations

No prerequisite training or knowledge required

Question? Please call Peacemaker Resources: (218) 444-8048 or email [peacemaker@peacemakerresources.org](mailto:peacemaker@peacemakerresources.org)

This workshop meets the following to renew a Minnesota (MN) teaching license: **Key Warning Signs for Early-Onset Mental Illness in Children and Adolescents** (MN Statutes Section 122A.09, 122A.18) **Positive Behavioral Intervention Strategies** (MN Statutes 122A.09)