

# Introduction to Trauma-Sensitive Schools

Workshop provided by:



## How does trauma affect student learning?

Current research shows that a high percentage of students are exposed to trauma and toxic stress. Trauma can undermine a student's ability to learn, form relationships and function appropriately in the classroom.

Students impacted by trauma:

- Are 2.5 times more likely to fail a grade
- Score lower on standardized achievement tests
- Have more receptive or expressive language difficulties
- Are suspended or expelled more often
- Are designated to special education more frequently

## What is a trauma-sensitive school?

A trauma-sensitive school is a safe and respectful environment that enables students to build caring relationships with adults and peers, self-regulate their emotions and behaviors, and succeed academically, while supporting their physical health and well-being.

Students at trauma-sensitive schools have the benefits of greater academic achievement, more time spent on learning, reduced disciplinary referrals, improved relationships with peers and adults, and supportive teaching in the classroom.

### In this workshop, participants will:

- Briefly overview the Adverse Childhood Experiences Study
- Learn the long-lasting implications of historical trauma on individual and family well-being.
- Learn the impacts of trauma on the brain and the implications that it has in the classroom
- Discuss trauma-sensitive practices and procedures
- Explore "next steps" for your school to effectively respond to students exposed to trauma

### Workshop Details:

**Date:** August 14, 2019 from 8:30 a.m. -12:00 p.m.

**Location:** Red Lake School District - Training Room  
District Admin Wing of the Secondary Complex:  
23990 HWY 1 East, Door #29, Red Lake, MN 56671

**Intended Audience:** Any School Personnel  
(Teachers, Paras, Bus Drivers, Secretaries,  
Administrators, Food Service, etc)

**Cost:** \$40.00 for Non-Red Lake Teachers

**Presenters:** Stacy Bender-Fayette, Linsey McMurrin, &  
Joanna Wallenberg

**Register at:** [www.peacemakerresources.org/events](http://www.peacemakerresources.org/events)